

Name: \_\_\_\_\_ Date: \_\_\_\_\_

### Recipe Exercise

1. This Broccoli Salad<sup>1</sup> recipe serves 12. Add the bacon, broccoli, cheese, and onion components together and divide by 12 to get the serving size.

- ½ cup crumbled bacon
- 6 cups fresh broccoli, chopped
- 1 1/2 cups sharp Cheddar cheese, shredded
- 1/2 cup red onion, chopped
- 1/4 cup red wine vinegar
- 1/8 cup white sugar
- 2 tsp ground black pepper
- 1 tsp salt
- 2/3 cup mayonnaise
- 1 tsp fresh lemon juice

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2. This Broccoli Salad recipe serves 12. Convert the recipe to serve 4 salads.

- ½ cup crumbled bacon
- 6 cups fresh broccoli, chopped
- 1 1/2 cups sharp Cheddar cheese, shredded
- 1/2 cup red onion, chopped
- 1/4 cup red wine vinegar
- 1/8 cup white sugar
- 2 tsp ground black pepper
- 1 tsp salt
- 2/3 cup mayonnaise
- 1 tsp fresh lemon juice


<sup>1</sup> Cassandra Kennedy, Bodacious Broccoli Salad, 2010, Allrecipes.com, July 13, 2010, < <http://allrecipes.com/Recipe/Bodacious-Broccoli-Salad/Detail.aspx>>

3. This Pasta Garden Salad recipe serves 10. Add the add the pasta, carrots, celery, bell pepper, cucumber, tomatoes, onion and cheese and divide by ten to get the serving size.

4 cups spiral pasta  
 1/2 cup thinly sliced carrots  
 1 cup celery, chopped  
 1/2 cup chopped green bell pepper  
 1/2 cup cucumber, peeled and thinly sliced  
 2 cups tomatoes, diced  
 1/4 cup chopped onion  
 4 cups Italian-style salad dressing  
 1/2 cup grated Parmesan cheese

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4. This Pasta Garden Salad<sup>2</sup> recipe serves 10. Convert the recipe to serve 4 salads.

4 cups spiral pasta  
 1/2 cup thinly sliced carrots  
 1 cup celery, chopped  
 1/2 cup chopped green bell pepper  
 1/2 cup cucumber, peeled and thinly sliced  
 2 cups tomatoes, diced  
 1/4 cup chopped onion  
 4 cups Italian-style salad dressing  
 1/2 cup grated Parmesan cheese


<sup>2</sup> L. Gale, Garden Pasta Salad, 2010, Allrecipes.com, July 13, 2010, <<http://allrecipes.com/Recipe/Garden-Pasta-Salad/Detail.aspx>>